The Colorado Historic Hot Springs Loop is comprised of five premier destinations, each bringing their own sizzle to the geothermal journey. These facts only tell part of the story; for complete immersion, guests must remember to pack their sense of adventure.

Five premier hot springs destinations in western Colorado—Chaffee County, Pagosa Springs, Ouray County, Glenwood Springs, and Steamboat Springs—have come together to form the Colorado Historic Hot Springs Loop. This 720-mile loop showcases some of the most popular hot springs attractions in the country. There is so much variety; from intimate private baths, to the world’s largest mineral hot springs pool. Each of the 19 facilities offers unique features like vapor caves, hot pots, terraced pools, enormous travertine formations, and fun-filled aquatic centers.

**Chaffee County**
Sitting on the eastern side of the Rocky Mountains, Chaffee County is home to majestic views and outdoor adventures. Between Salida, Nathrop, and Buena Vista, there are many recreational activities and opportunities. Sitting in Chaffee County, ‘Collegiate Peaks’—the mountain range of with more 14,000-foot foot peaks than any other Colorado county—is perfect for hiking and backcountry exploration. In summer visitors can enjoy whitewater rafting and kayaking down the Arkansas River, while winter guests can make tracks on Monarch Mountain. After adventure-filled days, tourists and locals alike seek out nearby several hot springs, which are ideal for soaking in any season in Chaffee County.

**Cities:** Salida, Nathrop, Buena Vista

**Website:** [http://www.colorfulcolorado.com/](http://www.colorfulcolorado.com/)

**Elevation:** 7,000’ – 14,000’ above sea level

**Visitor Centers:**
- [Salida Chamber of Commerce](#)
  406 W Rainbow Blvd
  Salida, CO 81201
  (719) 539-2068
- [Buena Vista Chamber of Commerce & Visitor Center](#)
  343 US-24
  Buena Vista, CO 81211
  (719) 395-6612
Overview: Mount Princeton Hot Springs Resort is a scenic hot springs getaway, with several tantalizing amenities. The resort offers family-friendly lodging, including cabin rentals, a cliffside lodge, or hillside hotel rooms. A spa and health club add additional health and relaxation options. In addition to spa treatments and fitness classes, Mount Princeton offers a surreal soaking experience. The 100 percent natural hot springs are found in five different pools, each odorless and offering a unique twist. Other amenities include a 400-foot waterslide and lazy river, a historic bath house, and creekside hot springs, where guests can find their ideal in-river hot pot in Chalk Creek, right next to the cool, rushing water.

Resort Amenities:

- Spa & Club: Offering exclusive hot springs pools, in addition to fitness and yoga classes, plus spa treatments
- Waterslide: 400-foot waterslide connecting the upper pools by a lazy river
- Creekside Pools: Natural hot springs pockets along Chalk Creek, about 1-foot deep; seasonal access only
- Historic Bath House: Built in the mid-1800s, has public use showers and lockers
- Lodging: Stay in cabins, hillside, cliffside, or in lodge rooms

Elevation: 8,250’ above sea level

Year Established: 1868

Water Source: Chalk Creek

Number of Pools: 5

Temperature Range: 75 – 107°F

Price of Admission: click here
Historic Cottonwood Hot Springs
18999 County Road 306
Buena Vista, CO 81211
www.cottonwood-hot-springs.com
(719) 395-6434

Overview: The Historic Cottonwood Hot Springs lies in the heart of the Rocky Mountains, near the Collegiate Peaks, surrounded by the San Isabel National Forest. From all-natural hot springs and massage therapy to creek-side lodging, Cottonwood’s focus is on peace, tranquility, and healing. Therapeutic modalities include a range of blissful healing treatments including Swedish, Integrative, and Deep Tissue massage, with dozens of specialty treatments. Lodging is expansive, with options for every type of budget and visitor—from solo accommodations to group travel. The mineral water is odorless and pristine. Quiet-zones and alcohol-free soaking pools support a sense of calm. The hot springs are open 365 days a year, providing nonstop geothermal relief.

Resort Amenities:
- Dry Sauna: All pool guests can enjoy the dry sauna, good for blood flow and reducing tension
- **Lodging**: Stay on-site, either in the dormitory, guest house, a private cabin, or a tent site
- **Spa**: Sign up for several massage therapies, from Swedish to Integrative to Deep Tissue

Elevation: 8,592’ above sea level

Year Established: 1878

Water Source: Cottonwood Creek

Number of Pools: 3

Temperature Range: 94 – 110° F

Price of Admission: [click here](#)
Salida Hot Springs Aquatic Center
410 W Rainbow Blvd
Salida, CO 81201
http://salidarec.com/public-pool/
(719) 539-6738

Overview: Known as the largest indoor hot springs facility in North America, Salida Hot Springs Aquatic Center is a community gathering place. The clear, odorless water originally used by the Ute people for healing properties is now funneled directly to the Salida Hot Springs Pools. The Aquatic Center has two main pools—a large lap lane pool and a smaller, warmer soaking pool. These are used to host a range of activities, from public pool time to fitness classes to therapeutic swims. For those looking for a more intimate soaking experience, secluded European-style private pools are also available.

Resort Amenities:

- **Lap Pool:** It's a 25-meter, 6-lane pool; 2 lap lanes are usually available for use
- **Soaking Pool:** This smaller, warmer pool is ideal for aqua-therapy, soaking, and young children, as the depth gradually increases to 4 feet
- **Private Pools:** Private, European-style baths are available for use—a reservation is recommended
- **Pool Activities:** The pool hosts 2 swim teams, over a dozen fitness classes each week, special events throughout the year, and offers swim lessons

**Elevation:** 7,083’ above sea level

**Year Established:** 1937 – to see the full history, [click here](#)

**Water Source:** Poncha Hot Springs

**Number of Pools:** 2 public, 3 private

**Temperature Range:** 84 – 100° F

**Price of Admission:** [click here](#)
See also: Several small cabins, located in close proximity to the springs, make ideal locations for private retreats and romantic getaways. These include:

- **Alpine Hot Springs Hideaway**  
  16185 Co Rd 162  
  Nathrop, CO 81236  

- **Antero Hot Springs**  
  16120 Co Rd 162  
  Nathrop, CO 81236  

- **Creekside Hot Springs Cabin**  
  15654 Co Rd 289A  
  Nathrop, CO 81236  

**Ouray and Ridgway**  
The scenery in Ouray County is among the most iconic of Southwest Colorado, with vast mountain vistas and deep canyon trenches. Often referred to as “the Switzerland of America,” Ouray and Ridgway welcome visitors with friendly and charming downtown districts filled with locally-owned shops, breweries, coffee roasters, chocolatiers, restaurants, performing arts venues, and countless opportunities for experiential adventures. Victorian buildings adorn the town and dazzling scenic byways crisscross the region, exploring the area is easy through hiking, biking, climbing, and Jeeping. There are several local attractions worth noting, including historic Native American trails and mining roads, wildflower meadows, and the Ouray Ice Park in the winter. Amid the adventure, the five local hot springs hit the spot.

**Cities:** Ouray, Ridgway

**Elevation:** 6,900 – 7,792’ feet above sea level

**Visitor Centers:**

- [Ouray Tourism Office](http://www.ourayco.org)  
  1230 Main St  
  Ouray, CO 81427  
  (970) 325-4746

- [Ridgway Area Chamber of Commerce](http://www.ridgwaychamber.com)  
  150 Racecourse Rd
Hot Springs

- **Ouray Hot Springs Pool**
  1220 Main St
  Ouray, CO 81427
  (970) 325-7073

**Overview:** Ouray’s public pool has been a staple of the community since its opening in 1927. Sitting in the heart of the town, surrounded by gorgeous mountain views, Ouray Hot Springs Pool contains close to a million gallons of crystal-clear, odorless hot springs water. The pool, after undergoing a renovation, has several soaking sections with in-pool seating, water slides with splash pads, an overlook with terraced pools, lap lanes, and an activity pool. In addition to the geothermal benefits, Ouray Hot Springs also offers fitness classes, a gym, and a massage station.

**Pool Amenities:**

- **Activity Pool:** Includes a Wibit inflatable obstacle course, a 12-foot climbing wall, and a 6-foot jumping platform
- **Massage & Fitness Center:** Work out, take a fitness class, or sign up for a massage before taking a soak
- **Water Slides:** With splash pads sitting at the exit, the speed slide and the curving body slide stand two-stories tall
- **The Overlook:** These two terraced pools are separated by an infinity edge waterfall, with a luxurious mountain view
- **Hot Section:** With the intimacy of a private getaway, the new hot section has continuous curves, edge seating, and shade
- **Rib City Grill:** Feeling hungry? Stop by Rib City for tasty barbeque and other pool snacks

**Elevation:** 7,792’ above sea level

**Year Established:** 1927

**Water Source:** Box Canyon
Number of Pools: 5

Temperature Range: 78 – 106° F

Price of Admission: [link to price]

See also:
- **The Historic Wiesbaden Hot Springs Spa & Lodgings**
  625 5th St
  Ouray, CO 81427
  Wiesbaden Hot Springs is famous for its hot springs and its rare vapor cave amenity tucked deep inside the mountain. European flair and charm pervade the historic property. In addition to the vapor cave, there is an outdoor swimming pool and private outdoor spa, all heated with geothermal water.

- **Box Canyon Lodge & Hot Springs**
  45 3rd Ave
  Ouray, CO 81427
  [https://www.boxcanyonouray.com/](https://www.boxcanyonouray.com/)
  This Ouray hotel features on-site hot springs. Enjoy spectacular, unimpeded views from four redwood spas beautifully terraced into the mountainside slope. The tubs, elevated by a deck surrounded by a flowered landscape, make for a private, guest-only soaking experience.

- **Twin Peaks Lodge & Hot Springs**
  125 3rd Ave
  Ouray, CO 81427
  Twin Peaks is quiet and relaxing, with heated mineral pools, lush landscaping, a fire pit, and an intimate waterfall—the ideal foreground to a mountainous backdrop.

- **Orvis Hot Springs**
  1585 Co Rd 3
  Ridgway, CO 81432
  (970) 626-5324
Overview: Famous for its au naturel optional clothing policy, Orvis Hot Springs is a clothing-optional hot springs resort in Ridgway, Colorado. With seven odor-free soaking areas, six remodeled and unique lodging rooms, elegant outdoor yurts for massages, on-site tent and vehicle camping, and a policy disallowing the use of electronics, Orvis makes for a quiet and restful getaway. There are four soaking pools outside, while indoors hosts two private pools and one shared space. Visitors can enjoy the gorgeous outdoor landscape, meet others at the community kitchen, and take advantage of the 24-hour access to the hot springs, which makes Orvis the ideal stargazing spot.

Resort Amenities:

- **Lodging**: Stay the night in Victorian-style rooms, or sleep under the stars in an on-site camping space
- **Clothing-Optional**: Only one pool requires clothing until 10 p.m.
- **Massage**: Enjoy a relaxing massage in an elegant, outdoor yurt on the gorgeous Orvis property
- **Outdoor Soaking Areas**: These four pools include The Pond, Island Pond, Smoker’s Pond, and the Lobster Pot, each with their own unique style
- **Indoor Soaking Areas**: Two private tubs are available, in addition to the indoor pool

**Elevation**: 7,037’ above sea level

**Year Established**: 1920

**Water Source**: Located on property

**Number of Pools**: 7

**Temperature Range**: 98 – 112° F

**Price of Admission**: click here
**Pagosa Springs**
Surrounded by the Weminuche Wilderness and the San Juan National Forest amid the majestic San Juan Mountains in Southwest Colorado, Pagosa Springs offers visitors a rich geological and cultural history to explore. Known for its world-famous hot springs, “Pagosah” is the Southwestern Ute word for “healing waters.” With its official designation as the “Deepest Hot Springs Aquifer in the World,” the Mother Spring supplies three downtown hot springs locations. In addition, the soaring cliffs, ragged peaks, magical alpine pools, undisturbed wilderness, and cascading rivers reveal a dramatic geological history that invites voyagers, young and old, to venture into Pagosa Springs’ backcountry.

**Cities:** Pagosa Springs

**Elevation:** 7,126’ feet above sea level

**Visitor Centers:**
- [Pagosa Springs Visitor Center](https://www.pagosasprings.org/visitor-center)
  105 Hot Springs Blvd
  Pagosa Springs, CO 81147
  (970) 264-2360

**Hot Springs**
- [The Springs Resort & Spa](https://www.pagosahotsprings.com/)
  165 Hot Springs Blvd
  Pagosa Springs, CO 81147
  (970) 264-4168

**Overview:** The Springs Resort & Spa features 23 therapeutic mineral hot springs pools, a 79-room hotel, and a full-service day spa along the banks of the San Juan River. The hot springs pools are terraced into the landscape along the river. With varying sizes designs, views, and temperatures, visitors are encouraged to try them all. Hotel guests of the resort enjoy 24-hour unlimited access to the soaking pools, plus VIP pool access. Non-resort guests can pay a daily fee to enjoy the benefits of the hot springs. The full-service day spa offers a complete and comprehensive line of skin, hair, and body treatments which are perfect compliments to the therapeutic properties of the hot mineral waters.
Pool Amenities:

- **Spa:** Full-service spa with massage therapy, skin care, and specialty services
- **The Canteen:** This conveniently located on-site snack shop offers snacks and drinks
- **Lodging:** Offering 79 rooms including Classic, Deluxe, Mountain Suite, and EcoSuite accommodations with 24-hour access to the hot springs for all guests, plus VIP section soaking with 5 additional private tubs
- **The Atrium:** The hotel atrium has a bar, live music, and hosts weekly events

**Elevation:** 7,126’ above sea level

**Year Established:** 1881 – to see the full history, [click here](#)

**Water Source:** The Great Pagosa Aquifer

**Number of Pools:** 23

**Temperature Range:** 95-112° F

**Price of Admission:** [click here](#)

- **Overlook Hot Springs**
  432 Pagosa St
  Pagosa Springs, CO 81147
  (970) 264-4040

**Overview:** Overlook Hot Springs features rooftop tubs overlooking the San Juan Mountains and river, as well as exclusive indoor soaking and self-controlled temperature tubs. Guests can enjoy the affordably-priced Hot Mineral Baths in Victorian style, recently renovated with new additions. The Overlook also offers complete massage services, and every massage includes a bath pass. A private tub room is available by the hour. The spa features steam and body spray showers in the locker rooms. Adult beverages, including wine and beer options, are available for purchase as you soak. The Overlook is centrally located in the heart of historic downtown Pagosa Springs.
Resort Amenities:

- **Wine & Beer**: Guests can look through Overlook’s beer and wine selection, then enjoy sipping a drink while soaking
- **Roof Top**: Enjoy the scenic view overlooking the San Juan Mountains and downtown Pagosa Springs
- **Massage**: Each massage includes a relaxing, hot mineral bath soak
- **Private Baths**: Private tubs are available for an exclusive and relaxing experience

**Elevation**: 7,126’ above sea level

**Year Established**: 2013

**Water Source**: The Great Pagosa Aquifer

**Number of Pools**: 15

**Temperature Range**: 98 – 104° F

**Price of Admission**: [click here](#)

- **Healing Waters Resort & Spa**
  317 Hot Springs Blvd
  Pagosa Springs, CO 81147
  (970) 264-5910

**Overview**: The charming setting of The Healing Waters Resort & Spa is reminiscent of a simpler time. For lodging, Healing Waters offers a range of reasonably priced accommodations to fit almost any budget. The downtown location is within walking distance of shops, restaurants, and recreational activities. A soothing and relaxing part of the motel is the large mineral hot springs pool, ideal for swimming, playing or lounging. The main pool, outdoor hot tub, and European-style indoor hot bath facilities—with steam rooms and benches—are all heated by natural mineral waters. Healing Waters also features a variety of massage and body treatments.
Resort Amenities:

- **Lodging**: With 15 hotel rooms, three cabin options, and RV sites, Healing Waters has a variety of accommodations available; complimentary use of the hot springs is included
- **Indoor Baths**: These European-style indoor baths segmented for men and women provide an intimate soaking opportunity
- **Spa**: Enjoy several massage therapies, focused on health and wellness practices

**Elevation**: 7,126’ above sea level

**Year Established**: 1950

**Water Source**: The Great Pagosa Aquifer

**Number of Pools**: 1

**Temperature Range**: 97 – 104° F

**Price of Admission**: [click here]

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**Steamboat Springs**

Steamboat Springs is an outdoor Mecca for recreational activities and adventure, especially with their connection to water. From the Yampa River and Stagecoach Reservoir to the two local hot springs, Steamboat Springs is home to tubing, rafting, fly-fishing, boating, motorized water sports, swimming, canoeing, and soaking. In the winter, it’s the fresh powder that draws visitors. Old Town Hot Springs is a multi-use, family-friendly complex, while Strawberry Park Hot Springs is secluded and relaxing, in a delightfully rustic setting.

**Cities**: Steamboat Springs

**Elevation**: 6,732’ above sea level
Visitor Centers:
- **Steamboat Springs Chamber Resort Association**
  125 Anglers Dr.
  Steamboat Springs, CO 80487
  (970) 879-0880

Hot Springs
- **Old Town Hot Springs**
  136 Lincoln Ave
  Steamboat Springs, CO 80487
  [www.oldtownhotsprings.org/](http://www.oldtownhotsprings.org/)
  (970) 879-1828

**Overview:** The Old Town Hot Springs is a staple of fun and health within Steamboat Springs, open since 1935. Located right smack in the bustle of downtown, the multi-use complex boasts several amenities. There are different pools for exploration, with a kids’ climbing wall, an eight-lane lap pool, kiddie pool, workout facilities, on-site child care, and two waterslides. In addition to hosting events and swim meets, Old Town places a sincere focus on health and wellness, and provides a variety of fitness and yoga classes, plus a comprehensive menu massage therapy options. The facility is open seven days a week, all year round.

**Pool Amenities:**
- Fitness: Old Town has eight lap lanes, an aquatic climbing wall, and a fitness center with free weights, machines, and cardio equipment
- 50+ group exercise classes a week including yoga, spin, barre, BODYPUMP, Zumba, and more
- **Massage therapy:** Massages are available from a team of highly skilled therapists
- **Childcare:** On-site childcare is available at an affordable price
- **Waterslides:** Two 230-foot waterslides round out the aquatic fun for kids of all ages
- Seasonal Wibit Floating Obstacle Course
- Splash Pool Area
- Cabana Rentals
- On site café/ restaurant featuring snacks, lunches entrees, smoothies and more
Strawberry Park Natural Hot Springs
44200 Co Rd 36
Steamboat Springs, CO 80487
http://strawberryhotsprings.com/
(970) 879-0342

Overview: With its rustic setting, nestled in an aspen grove, Strawberry Park Natural Hot Springs is an iconic locale in Steamboat Springs. The hot springs’ claim to fame is its intimate-with-nature soaking experience, alongside teepees, picnic areas, and the flowing Hot Springs Creek.

Resort Amenities:
- **Lodging**: Offering both camping and cabin options in a natural outdoor setting
- **Massage**: Strawberry Park has two therapies available: Watsu or Massage, with several different modalities
- **Shuttles**: Shuttles are available, taking visitors safely from Steamboat Springs to Strawberry Park

Elevation: 6,732’ feet above sea level

Year Established: 1981

Water Source: Mountain spring

Number of Pools: 4
Temperature Range: 99 – 106° F

Price of Admission: click here, scroll to the bottom

**Glenwood Springs**
Glenwood Springs, Colorado is home to distinctive attractions that include the Glenwood Hot Springs Pool, considered the world’s largest mineral hot springs pool; Iron Mountain Hot Springs situated along the Colorado River; Glenwood Caverns Adventure Park which features the highest elevation roller coaster in North America; and the Yampa Vapor Caves, a naturally-occurring underground steam bath. During the warm weather months rafting the town’s two rivers, hiking to Hanging Lake, and biking along paved and unpaved trails are popular activities. In winter, skiing, snowboarding, and snowmobiling dominate outdoor itineraries. As for accommodations, Glenwood Springs offers a full spectrum of lodging choices.

**Cities:** Glenwood Springs

**Elevation:** 5,761’ feet above sea level

**Visitor Centers:**
- Visit Glenwood Springs
  802 Grand Ave
  Glenwood Springs, CO 81601
  (970) 945-6580

**Hot Springs**
- Glenwood Hot Springs Pool
  401 N River St
  Glenwood Springs, CO 81601
  (970) 947-2955

**Overview:** Established in 1888, Glenwood Hot Springs Pool is the largest mineral hot springs pool in the world, measuring over two blocks long. It was first used by Native Americans and is still considered by them to be a sacred place. Features like two water slides, a diving board, and bubble chairs bring out the kid in everyone. Other amenities include the award-winning Spa of the Rockies, a 107-room lodge, an athletic club, a retail store, and restaurant.
Pool Amenities:

- **Lodging**: Several room options are available. Every stay includes unlimited access to the hot springs pools and a full hot breakfast at the The Grill
- **Spa & Fitness**: Have a massage, manicure, or beauty treatment at the Spa of the Rockies, or take yoga, Pilates or other fitness classes at the Glenwood Hot Springs Athletic Club
- **The Grill**: Refuel with a meal or a snack, everything from cheeseburgers to ice cream is available at the poolside restaurant
- **Retail Store**: (has the largest selection of swimwear on the Western Slope)

**Elevation**: 5,761’ above sea level

**Year Established**: 1888, to see the full history, [click here](#)

**Water Source**: Yampah Spring

**Number of Pools**: 2

**Temperature Range**: 90 – 104°F

**Price of Admission**: [click here](#)

- **Iron Mountain Hot Springs**
  281 Centennial St
  Glenwood Springs, CO 81601
  (970) 945-4766

**Overview**: As Glenwood’s newest hot springs addition, Iron Mountain Hot Springs features 16 mineral hot springs soaking pools that range in temperature from 99 to 108°F. Smaller thermal spring pools are surrounded by a quiet zone to enhance relaxation, while a large family freshwater pool sits at a comfortable 90°F, adjoining an elevated jetted spa.
The views, which vary from pool to pool, include the Colorado River as it winds through the valley, Iron Mountain, Red Mountain, the Flat Tops, and majestic Mt. Sopris to the south. Other amenities include a restaurant called the Sopris Café, the Sand Bar, a retail shop, massage therapy, and a bathhouse with free lockers.

**Resort Amenities:**
- **Bathhouse:** Enjoy free lockers, family changing rooms, and boutique shopping
- **Sand Bar:** After 2 p.m., order a cocktail or a beer from the on-site bar near the quiet areas of the hot springs
- **Pools:** Pool hopping is easy with 16 soaking pools all located in a designated quiet zone. The nearby family pool and jetted spa is perfect for young families with young children
- **Sopris Café:** This café offers snacks, salads, wraps, sandwiches, flatbread pizzas, bratwurst, smoothies, ice cream, soft drinks, beer, wine, and pre-mixed alcoholic drinks

**Elevation:** 5,761’ above sea level

**Year Established:** 2015

**Water Source:** Gamba, Hobo, and Springs ([located](#) on Iron Mountain Hot Springs Property)

**Number of Pools:** 16 soaking pools, one freshwater family pool with an attached and elevated jetted spa

**Temperature Range:** 90 – 108° F

**Price of Admission:** [click here](#)

- **Yampah Spa & Vapor Caves**
  709 6th St
  Glenwood Springs, CO 81601
  (970) 945-0667
Overview: Thermal spring water that contains 34 minerals and trace elements flows through the cave floors via narrow channels at a simmering 125°F (52°C) to create the underground geothermal steam baths at Yampah Spa & Vapor Caves. The Ute Indians used the vapor caves for purification rituals when they inhabited the area. Many people claim a steam in the vapor caves has the uncanny ability to ward off impending colds and other minor illnesses. Body treatments, combined with a steam in the caves or a Natural Geothermal Thermal Mineral Bath, have long been a favorite activity for couples and friends visiting Glenwood Springs.

Resort Amenities:
- Spa: The spa offers massages, private tubs, herbal body treatments, facials, waxing, and nail services
- Salon: An Aveda salon is available for hair care, including colors, cuts, and more
- Vapor Caves: Natural steam vapor fills the rocky alcoves, allowing guests to relax on slab marble benches in warm, dimly lit chambers
- Hot Springs Baths: In lieu of pools, Yampah has mineral baths, ideal for couples or individuals

Elevation: 5,761’ feet above sea level

Year Established: 1893

Water Source: Hillside Source

Temperature Range: 110 – 112° F

Price of Admission: click here

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